

OcuSight

eye care centersm

Dear Patient:

Many prescription and non-prescription drugs as well as over-the-counter nutritional supplements can act as blood thinners (anticoagulants). This may cause excessive bleeding to occur during or after a surgical procedure. You may be taking these medications for their intended purpose. The nutritional supplements are all taken for reasons other than thinning the blood. However, they do exhibit potent effects on blood clotting and must be avoided in preparation for elective surgery. Therefore, it is most important that the following medications be discontinued prior to surgery for varying lengths of time. You will be instructed when to resume them after your surgery. If your medication was specifically prescribed for blood thinning, I will notify your physician in case there are valid reasons not to stop them. Please contact me if you have any questions or concerns regarding these or any other medications you may be taking.

Medication

Coumadin (warfarin)

Ticlid

Persantine

Aspirin (or anything containing)

Plavix

Aggrenox

Vitamin E

St John's Wort

Gingko biloba

Food Additives

Chinese black fungus

When to Stop

3 days prior to surgery

1 week prior to surgery

2 weeks prior to surgery

2 weeks prior to surgery

1 week prior to surgery

2 weeks prior to surgery

2 weeks prior to surgery

2 weeks prior to surgery

2 weeks prior to surgery

2 weeks prior to surgery